***How Much Is Too Much? Balancing Life in College***

**Arts & Sciences 1138, Freshman Seminar**

**1 Semester-hour Credit**

**Wednesdays 10am-10:55am**

**Above time is the preferred time. Alternative times: Wednesday 9am, 1pm, 2pm or 3pm**

##### Instructor Name: Dr. Ida Mirzaie Office Hours: TBA

**e-Mail:** **Mirzaie.1@osu.edu**

**Course Page: Carmen.osu.edu**

# Course Description

This course will help students to use their time and resources efficiently in order to be successful in their College life. The course will use economics concepts like opportunity costs, marginal costs and benefits, and budget constraint to help students to make better choices in their everyday decision makings.

# Texts

College Success: A Concise Practical Guide

Class Handouts

**Course Policies**

* Attendance is required. Every student is allowed to be absent up to two lectures because of emergency cases.
* Students are expected to participate in class discussions and activities.
* Written assignments will be a mixture of short reports and reflection papers.

# Grading

This course will use a Satisfactory/Unsatisfactory (S/U) grade. All students will be assigned a midterm grade to help them to improve their performance. In order to receive a satisfactory grade, students should complete at least 80 percent of assigned activities adequately.

**Academic Misconduct**

It is the responsibility of the Committee on Academic Misconduct to investigate or establish procedures for the investigation of all reported cases of student academic misconduct. The term “academic misconduct” includes all forms of student academic misconduct wherever committed; illustrated by, but not limited to, cases of plagiarism and dishonest practices in connection with examinations. Instructors shall report all instances of alleged academic misconduct to the committee (Faculty Rule 3335-5-487). For additional information, see the Code of Student Conduct (<http://studentlife.osu.edu/pdfs/csc_12-31-07.pdf>).

**Students with Disabilities**

Students with disabilities that have been certified by the Office for Disability Services will be appropriately accommodated and should inform the instructor as soon as possible of their needs. The Office for Disability Services is located in 150 Pomerene Hall, 1760 Neil Avenue; telephone 292-3307, TDD 292-0901; <http://www.ods.ohio-state.edu/>.

#### Weekly Schedule

### **Week 1 – Topic**

Introduction to the course

### **Week 2 – Topic**

Adjusting to College

Understanding opportunity costs

### **Week 3 – Topic**

Scarcity and Choices

Cost / Benefit Analysis

Understanding Sunk Costs

### **Week 4 – Topic**

Time Management

Budget Constraints

**Week 5 – Topic**

Focus on Learning

Goals and Responsibility

### **Week 6 – Topic**

Learning Styles

Listening & Note Taking

Reading & Text Book

### **Week 7 – Topic**

Writing College Papers

### **Week 8 – Topic**

Connecting to Resources

People

### **Week 9 – Topic**

Connecting to Resources

Technology

### **Week 10 – Topic**

Connecting to Resources

#### Places

### **Week 11 – Topic**

Balancing College Life

### **Week 12 – Topic**

Short Term and Long Term Goals

### **Week 13 – Topic**

 Planning for Future

### **Week 14 – Topic**

Concluding Remarks